



**Dr. Chris Healy, CEBS, PHR, SHRM-CP**

Currently and Assistant Professor of Management for Dixie State University, Chris has 30+ years of professional experience in industries spanning banking, healthcare, printing, trucking, sales, retail, manufacturing, foodservice sales, and academia. Chris is passionate about workplace safety and employee wellbeing. She specializes in Talent Management to include acquisition, development, and performance management. Her education includes a Ph.D. in Industrial and Organizational Psychology, a M.A. in Human Resource Management, and a B.S. in Business. Along with two professional certifications in Human Resources and a CEBS certification that encompasses compensation and

benefits. She is certified in Achieve Global and DDI training programs, Birkman and Predictive Index personality assessments, Social Style Index, and the Lominger competencies.

Prior to joining the DSU Faculty team, Chris served as the Assistant Director of HR for Southern Utah University, VP of HR for Performance Foodservice, Director of HR for Sysco Las Vegas, HR Business Partner for Wells Enterprises, Inc. St. George (the maker of Blue Bunny ice cream), and various HR roles for McLane Company. In addition, Chris taught post-secondarily as an adjunct for DSU and other institutions in the subjects of Human Resources, Benefits, Compensation, Leadership, and Human Resources Certification. She owns Healyum Human Resources where she has consulted in various capacities with educators, first responders, military, city management, and private sector employers.

Chris has experience leading and serving on many local and state boards to include the Utah State Workforce Investment Board, United Way Dixie, Color Country HR Association, Leadership Dixie, ESGR, Texas Workforce Solutions of Central Texas Board, Temple High School Wildcat Workforce Board, ESGR, and the Dixie Tech Business Advisory board.

**Leadership and Employee Wellbeing: An Issue of Saving Over Costs**

Every organization has basically the same factors that enable their sustainability: a desired product/service, a customer base, and the manpower to make it all happen. The ultimate goal in bringing these factors together is to make a profit and costs are a huge part of how much profit can be made. Employees are at the core of the ability to execute on this mission. This session will cover the connection between leadership practices and the hidden areas that affect safety and wellbeing of the employees. Knowing and understanding how the tangible actions meet the psychological needs of employees can positively impact the overall culture of the organization toward better results.