

**QUALIFICATION & EMPLOYMENT HISTORY**

- 2011 – present, Owner and director of Inland Northwest Industrial Training LLC  
Provider of Electrical Continuing Education classes in WA , OR, ID & MT  
and industry related safety consulting for the electrical and  
manufacturing trades. www.inw-training.com
- 2014 – present, Part-Owner and Administrator/Signing Journeyman of Adenbecks Electric  
Residential and Commercial/Industrial Electrical Contractor based near  
Spokane WA. Emphasis on commercial TI and lighting retrofit  
www.adenbecks.com
- 2009 – 2011; 2013 – 2014,  
Instructor: Electrical Maintenance and Automation Program  
Spokane Community College  
All motor control and NEC classes, AC generator and Motor Theory
- 2006 - 2009, Electrical Inspector, Department of Labor & Industries, Spokane WA  
Lead Inspector position since Jan 2008 – Mar 2009  
Inspector Representative on the Technical Advisor committee for  
Washington NEC amendments 2008 cycle
- 2006 – 2009, Apprenticeship Instructor  
IEC of Washington 3<sup>rd</sup> and 4<sup>th</sup> Year Electrical apprenticeship  
Focus on motor controls and NEC exam preparation
- 2004 – 2006, Active Electronics Inc, Communications Sites & Cell Tower construction  
Post Falls, ID
- 2003-2004 Intermountain Electric, Commercial/Institutional Wiring  
Spokane, WA
- 2002 - 2003 Self-employed, Access Wiring, Residential & Commercial Wiring  
Newman Lake, WA
- 2001 - 2002 McCall Electric, Administrator  
Chatteroy, WA
- 1996 - 2006 Adenbecks Electric, Journeyman Electrician (On Call 2002-2006)  
Newman Lake, WA
- 1999 - 2000 Advanced Electric & Alarm, Residential Wireman  
Spokane, WA
- 1993-1995 Keylock Electric, Trainee  
Calgary, AB

## **CERTIFICATION & ASSOCIATIONS**

General Journeyman & Admin 01, Washington. Master Electrician Idaho  
Past Licensing in Oregon, Montana

National Certification Program for Construction Code Inspectors  
- Electrical Inspector - 1 and 2 family dwelling  
- Electrical Inspector - General  
- Electrical Inspector - Plan Review

NFPA - Electrical Section, Former Voting Member 2002 & 2003

IAEI (International Association of Electrical Inspectors)  
-Eastern WA Chapter & NW Section

## **INSTRUCTION HISTORY**

Inland Northwest Industrial Training  
- Approved State CEU Instructor for Washington, Oregon, Idaho, Montana

Spokane Community College  
- Electrical Maintenance and Automation Instructor Spring 2009- Summer 2011

IAEI  
- Various Electrical Code Classes since 2002

ABC Training Schools (Now IEC)  
- Instructor for Electrical Div. 3<sup>rd</sup> & 4<sup>th</sup> Year Apprentices (Spring 2004 Sessions)

IEC of Washington  
- Instructor for 3rd and 4th Year Electrical Apprentices (2006 - 2009)

## **TECHNICAL TRAINING**

- IAEI Electrical training - ongoing
- Tessco T1 Testing & certification
- Commscope and Andrew cable terminations
- Antenna and coax sweep testing by Anritsu
- HAZWOPR 40-Hr hazardous material mitigation certification

## **EDUCATION**

1989 High School Diploma, James Fowler Sr. High, Calgary, Alberta Canada  
1991 Associates degree: Print Management Technology  
Southern Alberta Institute of Technology, Calgary, Alberta  
Calgary, Alberta, Canada  
1994 Dale Carnegie HR course  
2006-2008 Various short courses in safety, management, people skills, and safety through  
Washington State L&I

## **LICENSES**

WA Admin SEILEF\*016NM exp 02/28/2021  
Journeyman SEILEF\*993CC exp 02/28/2021  
ID Master ELE-M-27841 exp 2/28/2022

## **LANGUAGES**

German & English – Fluent proficiency incl. technical reading, writing, and interpreting  
Spanish – Able to communicate fluently, basic comprehension



STATE OF WASHINGTON  
DEPARTMENT OF LABOR AND INDUSTRIES

PO Box 44460, Olympia, WA 98504-4460

April 24, 2024

Frank Seiler  
PO Box 214  
Newman Lake WA 99025  
[frank@inw-training.com](mailto:frank@inw-training.com)

Dear Frank,

The Department of Labor & Industries, Electrical Program, has approved you as a continuing education/basic trainee course instructor. You are eligible to teach any Washington electrical continuing education or basic trainee courses approved by the department.

Your instructor approval is valid for three years:

<b>Effective Date:</b>	<b>June 4, 2024</b>
<b>Expiration Date:</b>	<b>June 4, 2027</b>
<b>Instructor ID:</b>	<b>180</b>

If your qualifying credentials are invalidated (e.g., suspension or revocation by the issuing entity) for any reason, approval will be revoked.

When your approval expires, you must submit a new application to renew your instructor status. It is your responsibility to be aware of the expiration date; the department does not send reminder notices.

Please make note of the instructor ID. You will be required to provide this ID number to course providers.

Sincerely,

Electrical Program  
[ElectricalProgram@Lni.wa.gov](mailto:ElectricalProgram@Lni.wa.gov)

CC: file

