Jday@wcf.com

Over 18 years of experience in leadership, safety, risk, and workers compensation insurance. Advanced experience in collaboration, group projects, and communication. A natural problem solver, possessing an unwavering need to continually improve and innovate. Strong analytical skills to exercise sound judgment in advising. Expert knowledge in local, state, and federal guidelines. Detailed oriented and ability to meet deadlines.

#### **EDUCATION**

Masters of Business Administration, Utah State University Bachelors of Science, Public Health, Utah State University

Dec. 2015 May 2012

### CERTIFICATIONS

- Certified Industrial Hygienist (CIH)
- Certified Safety Professional (CSP)
- Associate in Risk Management (ARM)
- OSHA Authorized General industry Trainer
- OSHA Authorized Construction Trainer
- First Aid/ CPR Certified Trainer with National Safety Council

### PROFESSIONAL EXPERIENCE

## Safety and Risk Control Consultant, WCF Insurance 2018-Present

- Provided HSE support to all types of companies including construction, manufacturing, healthcare, etc.
- Conducted worksite inspections, identifying risks, and provided specific recommendations for improvement
- Trained and certified workers on OSHA 10-hr, forklifts, aerial lifts, and heavy equipment
- Created safety content for presentations, handouts, and toolkits
- Provided support in developing HSE programs, surveys, tools, audits, etc.
- Maintained reports and created charts, graphs, and compliance documentation

# Manager, Health and Safety, Utah State University, 2015-2018

- Managed health and safety program for O&M department of over 500 employees
- Chaired four department safety committees and vice-chaired of the University Campus Safety Committee
- Managed two (2) part-time direct reports that helped create learning content
- Managed a budget of over \$215,000
- Created safety training, newsletter content, handouts, and incentive program
- Reduced injuries and lost time by over 50% from year-to-year

# Health and Safety Officer, Utah State University, 2011-2015

- Provided subject matter expertise on health and safety for management, researchers, and employees
- Managed over 80 remodeling/asbestos abatement projects
- Developed and presented over 100 trainings on environmental, heath, and safety topics
- · Performed safety surveys of university jobsites and laboratories

### Battalion Motor Sergeant, Utah Army National Guard, 2008-2012

- Served active duty in Afghanistan from 2008-2009
- Supervised five (5) direct reports
- Conducted performance evaluations, mentored subordinates, and assisted with professional development
- Oversaw the maintenance of over 300 pieces of equipment